30-Day Orchid Rebloom Preparation Plan

Observe first. Choose one justified next step.

A printable English workbook for beginners with potted Phalaenopsis orchids. Published by Alder Finch Inc; prepared with AI assistance and a review of cited American Orchid Society guidance.

Thirty days is a recording period, not a promise of flowers. This workbook cannot identify pathogens, measure flowering readiness or prescribe a treatment. No individual expert review or experiment is claimed.

You can complete it without buying supplies or changing care. Unknown is a useful answer. If roots or leaves deteriorate rapidly, or crown tissue becomes soft, seek local horticultural help with your dated photographs and care history.

How to use: Print at actual size on US Letter paper. Write by hand. Complete the baseline, use the observation sequence as prompts, then keep the four weekly logs. Skip an observation you cannot safely make and record why.

Pages: 2 baseline; 3 first-week observations; 4 weeks 2-4; 5 decision boundaries; 6-9 weekly records; 10 care changes; 11 questions and sources; 12 day-30 review.

Free preparation workbook for review. Not a tested care program or an offer for sale. The free checklist and observation calendar remain available.

1. Establish a baseline

Plant label or name / type confirmed or unknown

Start date / last flowering / last repotting, if known

Pot, drainage, bark or moss / other or unknown setup

Current location, light, recent moves and day/night observations

---

Visible roots, leaves, spike / dated photographs kept where?

Do not force a moisture probe through roots. Do not cut a root or spike just to complete a record. Mark observations you could not make.

2. First week: gather evidence

Days 1-2: identify and photograph

Record the label, whole plant and visible roots, leaves and spike. Keep dates. Do not use green color alone as proof of root health.

Day 3: inspect the growing setup

Record the inner pot, drainage and any outer container. Note whether the mix is bark, moss, another setup or unknown.

Days 4-5: observe moisture and the location

Check below the surface only where roots will not be damaged. The top can dry while the center stays wet. Record window direction, shade and recent changes.

Days 6-7: list unknowns and choose a question

Compare the plant with your baseline. Decide which condition needs checking first. Continuing observation is a valid next step; you need not make a change.

My priority observation and the source I will use

These day ranges are prompts for recording, not watering, fertilizer or repotting appointments.

3. Weeks 2-4: make changes interpretable

Days 8-14: choose one justified action, or keep observing. If health is declining, investigate roots, mix and drainage before trying a bloom cue. If stable but in dim light, compare the location with plant-specific guidance. Avoid a sudden move into harsh direct sun.

Days 15-21: compare evidence. Take another dated photograph from the same angle if practical. Record new roots or leaves, changes in the mix and any change you actually made. One week without a flower spike does not establish failure.

Days 22-30: review the sequence. Identify unresolved questions, the observations supporting your care choices and what you will check next. Keep ordinary growing conditions stable where appropriate. Do not combine cold exposure, feeding and repeated moves in an attempt to force an outcome.

If I change one thing, why is it justified?

What would make me stop the change and seek advice?

If you miss a date, resume your record honestly. Do not invent observations or double up watering to catch up.

4. Decision boundaries

Wet mix or limp leaves

Do not infer that limp leaves require more water. Damaged roots can leave a plant unable to take up water even in wet mix. Inspect the mix, root condition and drainage.

Nearly dry bark or moss

For a potted Phalaenopsis with effective drainage, no concerning plant changes and no crown water, thorough watering followed by drainage may be appropriate. Observe the actual mix each time.

Unknown conditions

Confirm the plant, growing setup, internal moisture and plant condition before applying a routine. Water culture and semi-hydroponics need guidance for that setup.

Flowers have fallen

Record the spike and plant type before cutting. Dry and green spikes differ; some novelty plants reuse green spikes. Keeping a green spike is not always best for a weak plant.

Healthy but not flowering

Review suitable light and the flowering pattern of the particular plant. Common large-flowered and novelty groups can differ. This workbook sets no universal cold-night target.

Rapid deterioration

For collapsing tissue, soft crown or rapidly spreading changes, separate the plant from others and seek local horticultural advice. Do not choose a fungicide from symptoms alone.

Weekly record 1: days 1-7

Date the observations you make. Unknown or not checked is acceptable. These entries do not tell you to water or feed.

Day / date	Mix, roots, leaves, light / recent change	Action or no action / reason
Day 1 Date:		
Day 2 Date:		
Day 3 Date:		
Day 4 Date:		
Day 5 Date:		
Day 6 Date:		
Day 7 Date:		

Weekly review: changes, unknowns and next observation

Weekly record 2: days 8-14

Date the observations you make. Unknown or not checked is acceptable. These entries do not tell you to water or feed.

Day / date	Mix, roots, leaves, light / recent change	Action or no action / reason
Day 8 Date:		
Day 9 Date:		
Day 10 Date:		
Day 11 Date:		
Day 12 Date:		
Day 13 Date:		
Day 14 Date:		

Weekly review: changes, unknowns and next observation

Weekly record 3: days 15-21

Date the observations you make. Unknown or not checked is acceptable. These entries do not tell you to water or feed.

Day / date	Mix, roots, leaves, light / recent change	Action or no action / reason
Day 15 Date:		
Day 16 Date:		
Day 17 Date:		
Day 18 Date:		
Day 19 Date:		
Day 20 Date:		
Day 21 Date:		

Weekly review: changes, unknowns and next observation

Weekly record 4: days 22-30

Date the observations you make. Unknown or not checked is acceptable. These entries do not tell you to water or feed.

Day / date	Mix, roots, leaves, light / recent change	Action or no action / reason
Day 22 Date:		
Day 23 Date:		
Day 24 Date:		
Day 25 Date:		
Day 26 Date:		
Day 27 Date:		
Day 28 Date:		
Day 29 Date:		
Day 30 Date:		

Weekly review: changes, unknowns and next observation

Care changes and watering record

Record an action after deciding from actual observations. An empty row is not a missed care appointment. Include product names and label directions if relevant; this workbook does not set dilution rates.

Date	What I observed	Action / source / product label	What happened afterward

Before the next watering, check moisture and drainage again. After repotting, observe how the new mix behaves rather than copying the old interval.

Questions to verify and source index

Question / observations needed / person or source to consult

Source used and the plant or setup it applies to

Public horticultural sources

Phalaenopsis culture sheet: https://www.aos.org/orchid-care/care-sheets/phalaenopsis-culture-sheet

Why will it not bloom? Phalaenopsis: https://www.aos.org/orchids/articles/why-will-it-not-bloom-part-2-phalaenopsis

When should I repot?: https://www.aos.org/orchid-care/when-should-i-repot

Watering techniques for success: https://www.aos.org/orchids/articles/watering-techniques-for-success

Where do I cut the spike?: https://www.aos.org/orchid-care/more-questions-answered/where-do-i-cut-the-spike

American Orchid Society guidance supports the care principles, not a 30-day outcome. Culture, flowering and repotting sources rechecked October 1, 2026; watering and cutting guidance reviewed September 30, 2026. No source photographs are reproduced.

For workbook corrections or file problems: goodlucksp413@gmail.com. Do not send sensitive information. Individual plant diagnosis is not offered.

Day 30: review and continue

No bloom yet does not automatically mean failure. Compare the plant and your decisions with the baseline, rather than grading success by flowers alone.

What changed in roots, leaves, mix or location?

Which action had evidence behind it? What is still uncertain?

What will I keep, reconsider or ask a knowledgeable grower?

Next observation date and reason

Keep these pages with dated photographs. Your next record period can begin when useful; it does not require another product purchase.